



Rand Park High School

Integrity and Commitment

Asgaai Avenue, Randpark Ridge • Tel 011 793 1246 • www.randparkhigh.co.za

School Newsletter # 07 – 15 May 2026

Smart Choices SAFER TEENS!

Having a cellphone as a teenager is not a right, it is a privilege. Parents, as providers of the cellphone, are entitled to lay down some rules that determine how the phone will be used.

Click here for a downloadable smartphone contract for teenagers.

Emma Sadleir of the Digital Law Company addressed our Grade 8s last week and provided excellent advice on how to stay safe in a digital world.

We have the following recommendations:

- Install filtering software on the WiFi at home.
- Turn off your home WiFi at night.
- Remove all devices from your child's bedroom at a fixed time at night.
- If your child is a victim of online harm – teach them to BET
 - **B**lock
 - **E**vidence (take a screenshot or screen recording), and
 - **T**ell an adult
- If you or your child becomes a victim of a crime through social media, report it to the police and/or seek legal advice immediately.
- Install a tracking app such as **Life360** on your family members' cell phones.
- Monitor the content on your child's device via the **Bark** App. Use the promo code: EMMABARK.
- Do regular check-ins and have conversations with your children about what they are up to online.
- **Use the billboard test** – If you would not be comfortable seeing the content on a huge public billboard – with your face, name, school or employer attached to it – then don't post, send, share, like, or forward it online.

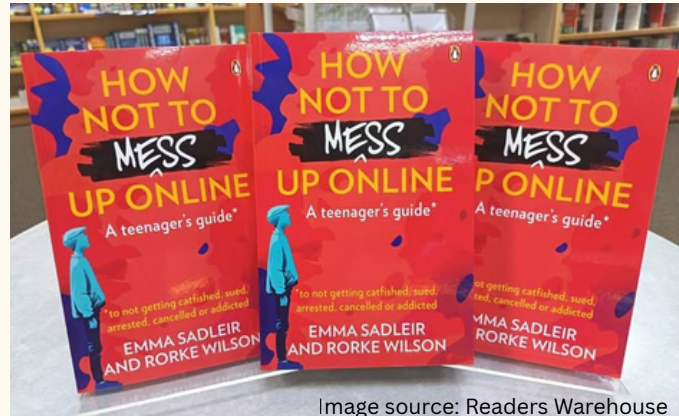


Image source: Readers Warehouse



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IMPORTANT DATES

14-16 May	'Another Gatsby' Major Production
19 May	Cycle Test Tuesday
20 & 23 May	Winter Sports at Krugersdorp
28 May	Food Fiesta
30 May	Netball Awards Dinner

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Every purchase at Woolworths can make a difference for our school.

Join in a few easy steps:

1. Download the Woolworths App.
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5. Search for Rand Park High School and choose us.
6. Scan your digital card every time you shop at Woolworths.

More info is available here:
https://www.woolworths.co.za/content/look/mydifference-get-back-give-back/_/A-cmp215553

LOST PROPERTY

There has been a significant increase in lost property handed in to the Front Office in recent weeks. Unfortunately, many of these items are unmarked and cannot be identified or returned to their owners.

Please ensure that all clothing, books, equipment and personal belongings are clearly labelled with your child's name. This will help us reunite lost items with their owners as quickly as possible.

RCL WINTER DRIVE

The RCL will host its annual winter drive, collecting blankets, beanies, scarves and gently loved winter clothing for families and shelters in need. Details will be shared on the d6 Communicator.



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SPORTS RESULTS

DERBY VS NORTHCLIFF HIGH SCHOOL 6, 8 & 9 MAY

Netball

U14A	Lost 13-20
U14B	Lost 6-16
U14C	Lost 10-18
U14D	Lost 6-15
U15A	Won 17-14
U15B	Won 21-6
U15C	Won 15-7
U16A	Won 29-13
U16B	Won 18-8
U16C	Lost 9-11
U17A	Won 23-3
U17B	Drew 11-11
2 nd Team	Won 32-6
1 st Team	Won 32-24

Girls' Hockey

U14	Lost 0-4
U15A	Drew 1-1
U15B	Won 3-0
U16	Drew 0-0
2 nd Team	Drew 0-0
1 st Team	Lost 0-2

Boys' Hockey

U14	Lost 0-2
U15	Won 1-0
U16	Lost 2-4
2 nd Team	Lost 2-4
1 st Team	Won 2-1

Rugby

U14A	Won 23-17
U14B	Lost 5-39
U15A	Won 22-15
U15B	Lost 10-29
U16A	Lost 13-19
3 rd Team	Lost 0-50
2 nd Team	Lost 27-7
1 st Team	Lost 7-29



SPORTS RESULTS

Boys' Hockey

vs Hugenote

Wednesday, 6 May

U14	Lost 0-1
U16	Won 3-1
1 st Team	Won 4-1

vs Kempton Park

Wednesday, 13 May

U14	Lost 0-2
U15	Lost 1-8
2 nd Team	Lost 1-2
1 st Team	Lost 2-4

Cross Country

Monday, 11 May at Delta Park

Senior Boys

Dyllan Morweng - 2nd
Allison Mushava - 4th
Tyler Olsen - 6th

Senior Girls

Kelly Whittington-Jones - 11th
Abigail Mushava - 12th

Girls' Hockey

vs HeronBridge

Monday, 11 May

U14	Won 2-0
U15	Drew 1-1
2 nd Team	Won 1-0
1 st Team	Lost 0-2

vs Kempton Park

Tuesday, 12 May

U14	Lost 0-5
U15	Lost 0-4
U16	Lost 0-6
2 nd Team	Lost 0-7
1 st Team	Lost 0-3

Chess

vs Hoërskool Linden

Tuesday, 21 April

U15 Mixed Team	Won 8-4
U19 Mixed Team	Lost 0-12

vs Vorentoe

Monday, 4 May

U17 Mix team	Won 9-2
U15 Mix team	Lost 5-7



SPORTS RESULTS

Netball

vs Noordheuwel

Wednesday, 7 May

U14A	Lost 8-18
U14B	Lost 8-26
U14C	Lost 1-27
U14D	Lost 0-16
U15A	Lost 18-28
U15B	Lost 16-32
U15C	Lost 2-19
U16A	Won 21-20
U16B	Lost 5-27
U16C	Lost 0-21
U17A	Lost 21-27
U17B	Lost 8-12
2 nd Team	Won 19-17
1 st Team	Lost 17-24

vs Monument

Tuesday, 12 May

U14A	Lost 12-20
U14B	Won 8-7
U14C	Lost 3-10
U14D	Won 6-2
U15A	Lost 16-25
U15B	Lost 14-19
U15C	Won 14-8
U16A	Won 19-18
U16B	Lost 10-11
U16C	Lost 6-11
U17A	Lost 13-18
U17B	Lost 7-9
2 nd Team	Won 17-13
1 st Team	Lost 19-28

Netball

vs Helpmekaar

Thursday, 14 May

U14A	Lost 14-20
U14B	Lost 8-36
U14C	Lost 7-37
U14D	Lost 2-34
U15A	Lost 14-31
U15B	Lost 6-32
U15C	Lost 10-24
U16A	Lost 10-29
U16B	Lost 5-46
U16C	Lost 2-29
U17A	Lost 10-28
U17B	Lost 10-28
2 nd Team	Lost 13-14
1 st Team	Lost 14-39

Rugby

vs King David

Wednesday, 29 April

U14A	Won 41-12
U14B	Won 43-0
U15A	Won 56-7
U15B	Lost 18-20
U16A	Drew 22-22
2 nd Team	Drew 12-12
1 st Team	Won 26-22

vs Fourways

Wednesday, 13 May

U14B vs Fourways U14A	Lost 17-29
U15B vs Fourways U15A	Lost 5-40
U16 vs Fourways U16A	Won 58-10
3 rd Team vs Fourways 2 ^{nds}	Won 34-17
2 nd Team vs Fourways 1 ^{sts}	Won 34-22



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